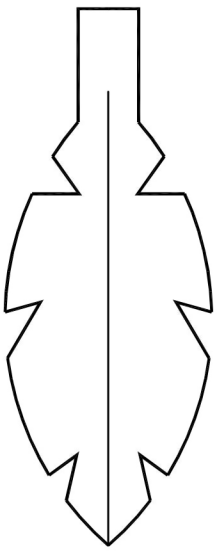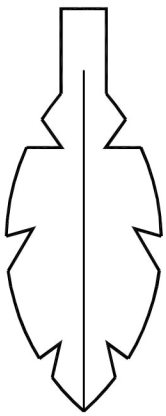Gourmandises